

THE  
5 BIGGEST  
LIES ABOUT

THE  
LAW OF  
ATTRACTION

**“Beware of the half-truth. You may have gotten hold of the wrong half.”**

*~Author Unknown*

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Note: if you find typographical or grammatical errors they are there for a reason. Some people actually enjoy looking for them and we strive to please as many people as possible

## **WHY I WROTE THIS BOOKLET**

I've been interested in self-help for a long time. I'm actually a big fan of self-help and personal development. I've read hundreds of books on the subject. I've listened to countless hours of audio tapes & CD's. I've spent hundreds of hours and thousands & thousands of dollars attending self-help seminars.

Some of the books, audio and seminars have been terrific. But many were a total waste of time and money.

The self-help field is the same as any other - take plumbing as an example: there are honest plumbers out there, but there

are also dishonest plumbers that will rip you off.

I've even "gone behind the scenes" and assisted as a volunteer at quite a number of self-help seminars: later, I'll reveal the true motivations of the "gurus of self help".

The reason I wrote this booklet is because lately everyone has been talking about the movie "The Secret". It was recently featured on the Oprah, Ellen, and Larry King shows.

In that movie, there are a number of self-proclaimed "gurus of self-help" talking about how to use the 'law of attraction' to improve your life - make more money, find the right relationship, and generally be happier and more fulfilled.

I'm genuinely concerned about the half-truths and misinformation they're spreading. While there are some authentic teachers and teachings out there, there are also a lot of imposters and swindlers who are just after your money.

It's bad enough that the imposters and swindlers take your money; the real problem, and the reason I wrote this booklet, is because they can do much more damage than just to your bank account.

The lies, half-truths, and magical thinking they are selling people can literally ruin your life.

Here's how...

## INTRODUCTION

Have you ever heard the term “magical thinking”? Do you know what that is, and what that means?

Magical thinking is when people use magic to explain things that science has not yet explained.

Magical thinking is also when people use magic to explain a link between two seemingly unrelated or even random events.

Have you ever heard of “voodoo dolls”? That’s where someone creates a doll that resembles a real person, and typically that doll will also have a piece of cloth from the real person’s clothing, or strands of that person’s hair, or something else from that person.

Then, the idea is that by sticking a pin into that doll, for example, the real person will suffer some pain or injury.

Or perhaps you've heard of how the Aztecs, Mayans and others engaged in blood rituals and human sacrifice in order to appease the gods, and bring rain, a bountiful harvest, or ward off evil spirits.

All of that, ladies and gentlemen, is purely magical thinking.

There is absolutely zero scientific proof - or any other tangible proof whatsoever - that voodoo dolls actually produce results.

There is also no proof that making a sacrifice to the gods will bring good weather or ward off bad luck.

In fact, the only "proof" for such things is purely anecdotal - subjective stories from so-called "eye-witnesses".

However, as you'll see very shortly, testimonials from eye-witnesses is highly suspect - if not completely unreliable.

It's remarkable that even in the modern age - right now in the 21<sup>st</sup> Century - even quite reasonable, educated, intelligent people engage in magical thinking.

By itself, magical thinking is not necessarily bad.

For example: If you believe that knocking on wood will prevent something bad from happening, that's relatively harmless.

Unfortunately, there are many self proclaimed "gurus" of self-improvement who are spreading a very dangerous form of magical thinking.

One of those dangerous forms of magical thinking has recently gained much fame and public attention has been "gurus" who are misleading people about "the law of attraction".

In fact, the law of attraction - as it's currently being taught - is incomplete, and only a half-truth, meaning it's only half true. There's a vital piece to the law of attraction that's being withheld, either on purpose, or perhaps because of ignorance.

I'll say more about that that shortly.

The purpose of this booklet is to shine the light of day on this subject, and to use discernment in order to separate out the aspects that are purely magical thinking.

Some people will become very angry or try to debunk this booklet. Those are people who are clinging to magical thinking and are afraid to see the light of day, or they seek to profit from those they would fool others into believing in magical thinking.

Are you ready to see the light of day? If so, then read on...

## 5 BIGGEST LIES ABOUT THE LAW OF ATTRACTION

### LIE #1:

*"The Law Of Attraction Can Be Proven Because I've Seen It Work In My Own Life, And The Lives Of Others".*

Ask any trial lawyer, and they'll tell you that eyewitness testimony is completely unreliable.

Subjective experience is not a reliable indicator of "what actually happened".

A common example illustrating this truth is when multiple people witness an auto accident: one witness says it was driver #1's fault, another witness says it was driver #2's fault. One witness says the blue car was coming from the East, another

witness says the blue car was coming from the West.

Take the assassination of John F. Kennedy - there were two eyewitnesses who say they saw Lee Harvey Oswald walking down a street after the shootings: each of them claimed that Oswald was walking in totally opposite directions! Moreover, each of them was completely convinced that they were correct, and that the other person's eyewitness testimony had to be wrong!

Each of those witnesses truly believed that their report was correct. But, obviously, it's impossible for Oswald to have been walking two opposite directions at the same time!

We've all heard the phrase "seeing is believing", but any good magician can fool

your eyes into seeing "magic" when it's just a trick, an illusion.

Those who claim the law of attraction can be proven because they've seen it in their own life or the lives of others are simply mistaking coincidence for magic.

If you think of a friend, and then they just happen to call, that's not magic. But even reasonable, educated, intelligent people start thinking somehow they either "knew" that their friend would call, or that because they thought of their friend they "made" their friend call.

Statisticians will tell you that the odds of your friend calling right after you think about it are quite good. It's not at all unusual for that to happen.

## 5 BIGGEST LIES ABOUT THE LAW OF ATTRACTION

### LIE #2:

*"All You Have To Do To Make Your Dreams And Goals Come True, Is To Clearly Visualize It And/Or Say Affirmations Repeatedly".*

Somewhere out there right now, someone is buying a lottery ticket.

You can be sure that this is not the first lottery ticket they've ever bought.

And each time they buy a lottery ticket, they can just imagine themselves winning the lottery! They can just imagine how they'll feel when they find out that this time they picked the winning numbers!

They can easily imagine all the things they'll do with all that money: They

envision paying off their debts, going on vacations, and buying lots of great stuff they've always wanted.

Obviously, they've been visualizing their goals and dreams clearly... so, why isn't the law of attraction giving them what they're so clearly visualizing?

Or how about people who go to Las Vegas or Atlantic City and gamble. Don't they also see themselves winning at the craps table, the roulette wheel, and at the card games and slot machines?

Aren't they clearly visualizing the big pot of money they'll win when they get that lucky hand or toss of the dice? Why isn't the law of attraction working for them?

*It's simply because just visualizing something doesn't make it come true.*

You can see this kind of magical thinking in action almost anytime guys watch sports, especially during those all-important, do-or-die play-off or championship games, such as the Super Bowl:

If one guy says "I hope they don't make a fumble on this next play", it's practically guaranteed that someone will harshly reply "don't say that, you'll jinx them and cause them to fumble!"

I ask you, ladies and gentlemen of reason; do you *really* think you have the power to influence a player on TV to drop a football... just with your thoughts or words?

Think of the thousands or even millions of people watching that very same game, each visualizing a different outcome: when you stop and look at it like that, it's 100% obvious that you cannot possibly "jinx" a player or the outcome of a play or a game.

In reality, as you sit watching sports on TV, you have absolutely zero influence over the outcome of what you're watching.

To think otherwise is purely magical thinking.

## 5 BIGGEST LIES ABOUT THE LAW OF ATTRACTION

### LIE #3:

*"If You're Not Getting What You've Been Visualizing, It's Because You're Not Visualizing It Clearly Enough".*

This is what lets the "gurus of self-help" off the hook.

It's not *their* fault that the visualizing techniques are not working, it's YOUR fault!

You're doing something wrong, and you need to fix it.

Maybe you're not visualizing it clearly enough, or often enough. Or maybe you're visualizing improperly. For example, you've been visualizing having lots of money, but

you're not supposed to visualize as if you're looking through your own eyes, you're supposed to visualize as if you're seeing a movie of yourself with the money.

Obviously, you *must* be doing something wrong. Visualizing has worked for the guru and his wide-eyed followers; if it's not working for you, you're doing something wrong!

How convenient: It's not that the guru is teaching you magical thinking (which he/she actually is... and charging you lots of money!) - The problem is that you're just not doing it right!

Because if you were doing it right, you'd already have what you're visualizing!

## 5 BIGGEST LIES ABOUT THE LAW OF ATTRACTION

### LIE #4:

*"If You're Not Getting What You Visualized, Then You Have Some Kind Of 'Blocks' Stopping You That Need To Be Removed".*

This is another terrific tactic the self-proclaimed gurus of self-help use: the law of attraction is not working for you because you have some kind of inner conflicts, or unresolved negative emotions, or unsupportive beliefs that are stopping you and holding you back.

What's the solution? Glad you asked! All you need to do is to attend some more seminars, or perhaps get some very expensive one-on-one private sessions with the guru or one of his followers.

Oh yes: since you're not getting what you want, it's your fault... Again. How convenient!

It's those darn inner conflicts you have. If only you were congruent about your goals, then you'd get them.

Or it's those darn negative emotions from your past: if only you'd let go of those, then you'd achieve your dreams.

Or it's those unsupportive beliefs you've been carrying around - that's the problem that's stopping you.

Once again, the real problem is actually magical thinking; not unresolved emotions, beliefs, or conflicts.

## 5 BIGGEST LIES ABOUT THE LAW OF ATTRACTION

### LIE #5:

*"You Get What You Focus On".*

This is the worst of the worst when it comes to lies about the law of attraction.

The gurus of self-help want you to believe that all you really have to do, is just be 100% clear about what you want, then focus on it and you'll get what you want - because you get what you focus on.

This is a very slippery slope at the least, and at the most it's dangerous and can actually be devastating to someone if they buy into this magical mentality.

Here's why: if you get what you focus on, then it means that people who get cancer

have been focusing on getting cancer. It means women who get raped were focusing on being raped. It means people who are robbed & beaten were focusing on being robbed & beaten.

It's just plain ridiculous to assume that you get what you focus on, or that what you're getting is the result of what you focus on.

If you get on an airplane, and you're afraid that the plane will crash and you focus on that, how come the plane doesn't crash?

"Ah-ha", interrupts our guru of self-improvement, "that's because there were more people on the plane visualizing the plane arriving safely than there were visualizing it crashing".

Oh, puh-lease! You have got to be kidding me! Is there anyone that really believes that if a group focuses on some outcome that they can magically make it happen?

Well, the Aztecs and the Mayans supposedly did: They believed that making sacrifices to the gods would bring good weather. Today, we know better and laugh at their backwards, superstitious ways, right?

Today we know that weather, for example, is the result of a complex system of moisture, atmospheric pressure, temperature, and other factors that combine to create the weather. Today we know that the weather is not the result of angry or happy gods.

No, you don't get what you focus on, otherwise everything you've ever focused on, you'd get. Every little girl who

focused on getting a pony for her birthday would get one. Every guy that focuses on his team winning the championship would indeed win.

But, as we can now clearly see, this is nothing but magical thinking.

And so is the idea that you get what you focus on. It's just not true. It's no truer than human sacrifice will bring good weather.

## CONCLUSION

There is absolutely nothing wrong with having a goal and focusing on it. Just ask Thomas Edison, who focused on his goal of inventing the world's first electric light bulb filament.

Or just ask Lance Armstrong, who focused on his goal to win the Tour de France - six times.

Or just ask Tiger Woods, who focused on his goal to be one of the world's best golfers.

And, there is also nothing wrong with removing obstacles to achieving your goals - whether those obstacles are internal obstacles such as unresolved emotions or conflicts, or external obstacles.

In fact, setting goals, visualizing them clearly, and removing obstacles to obtaining them is all excellent advice.

The problem comes in as soon as magical thinking enters the picture: as soon as we start to believe that our goals will come true *merely because* we do some specialized visualizing, or because we say affirmations every day.

But many gurus of self-help will tell you exactly that. They are promoting magical thinking, and they might as well be promoting voodoo dolls and human sacrifice.

In the final analysis, it's not *merely and solely* visualizing and affirmations that produces results. To believe that is to indulge in magical thinking.

## WHERE TO GO FROM HERE:

Now you possess what could be the most important power you can have: Discernment.

The dictionary defines Discernment as:  
*acuteness of judgment and understanding.*

Having acuteness of judgment and understanding means you can separate out the half-truth, removing the part that's NOT true, and leaving the pure truth.

The law of attraction as it's popularly being taught today is indeed a half-truth. Half-truths are extremely dangerous.

Discernment is needed in order to be able to separate the truth from magical thinking.

The law of attraction does exist, even on a very basic level - just take two magnets and put them together and you'll see that they do indeed attract each other.

The breakthrough work of people such as David Bohm, Michael Talbot, and others has taken our understanding of the structure of reality into whole new levels that reveals the interconnectedness of all things that exist, and even to non-existence itself.

Through the work of pioneering minds, and armed with our own discernment - only then can we can truly understand the true nature of such things as the law of attraction without succumbing to magical thinking.

We must not "throw out the baby with the bath water" - instead we must use our powers of Discernment so that we can

successfully navigate our way through the jungle of half-truths and magical thinking.

I urge you not to stop here. I implore you to look more deeply into the subject yourself, armed with Discernment - but free of magical thinking.

As I said before, the self-help industry is like any other - there are both honest people who know what they're doing, but unfortunately there are many swindler "gurus" who just want your money.

I've been behind the scenes at quite a number of these seminars, and frankly I was shocked at what I discovered there.

If you'd like to find out the shocking truth I discovered being behind the scenes, you can find out more by clicking here.

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I truly wish you the best that life has to offer, and also that your search for self-improvement be free from half-truth and magical thinking!

Sincerely,

David Portney

PS: This booklet has generated a lot of controversy. If I were you, I'd be wary of sharing this with other people. I can't stop you, but believe me when I tell you that you could find yourself in the middle of a heated situation.

**PPS: Click here to discover the shocking truth about the so-called "gurus of self-help" and get the REAL truth about the law of attraction absolutely FREE - this is what the "gurus" don't want you to know.**

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